

Welcome!

WHHS Cheerleading is a growing exciting cheerleading program that represents and cheers for Wade Hampton High School's football and basketball teams, performs at pep rallies and competes at cheerleading competitions. At WHHS there are two distinct cheer teams. The "Spirit" team cheers at all boys football games, boys and girls basketball games, and promotes spirit at WHHS. The "Competitive" team is taught a high energy all star type routine that includes dance, cheer, stunts, formation changes, and tumbling. They will compete at between 4-8 competitions. All members of the competitive cheer team must cheer at least one home football game to be eligible to compete.

The WHHS cheerleaders are responsible for promoting positive school spirit and pride, for encouraging good sportsmanship and for upholding a positive image of each team. This is a sport that involves teamwork, cooperation, honesty, and integrity from each member.

Participating on the team is a privilege and as such brings responsibilities that must be taken seriously. Being a member of the Cheer team makes each participant a personal representative of WHHS. Each will be looked upon to set a positive example for others.

We hope the tryout process is both fun and challenging. Good Luck!

Ellie MacColl
Head Varsity Cheer Coach

Jordan Welmaker
Assistant Cheer Coach

Cheerleading tryouts/clinic will be April 16th, 17th 18th & 19th 4:30-6:30 p.m. at WHHS. You **MUST** be at each day of clinic to be eligible to make a team. Any spring athlete or upcoming 7th graders will have a separate tryout on June 11 & 12 from 6:30-8:00 at WHHS.

You **MUST** have a current physical and all of the athletic department paperwork uploaded onto your planeths.com account. (physicals are good April 1-April 1) This will be checked before you are allowed into the gym. You will also need your parent permission form, and a copy of your current report card at check in.

What is required at tryouts?

Spirit: ANYONE CAN TRYOUT!!! If you have always wanted to be a cheerleader NOW is your chance! We will teach you everything you need to know and perform. Bring a great attitude, willingness to learn, and your best effort!

Competitive: This year you will need either a back walk over or preferably a back handspring on the competitive mat to be considered for the team. Positive attitude, willingness to be **ALLIN!**, sharp motions, great jumps, tumbling, dance skill, and a loud voice.

A JV team will be assembled if the number of girls dictate another team. Maximum number of cheerleaders on the sideline at football games will be 25. Varsity Spirit will cheer both home and away games. JV will cheer only home JV games. Competitive will cheer one game to be eligible for competitive and 4-8 competitions.

You will need to read and sign a copy of the *NEW* WHHS Cheerleading handbook. Please read and review this handbook before you allow your daughter to tryout for our team. This year there are new rules and consequences that they/you must abide by. Please make sure you are aware and agree with these changes. The handbook will be available to read online at wadehamptoncheer.blogspot.com and available for download on our Facebook page.

You must bring the parent signature page to tryouts.

WHHS 2018-2019 Cheerleading Costs.

Varsity Spirit	Competitive	JV
Shell \$120.00 Skirt \$42.00 Warm up jacket \$75.00 Warm up Pant\$40.00 Red Pom \$10,00 new White Pom \$10.00 new Infinity Shoes \$90.00 Infinity Backpack \$65.00 (optional) Basic Black Backpack \$30.00 (optional) Red, Black, Gray cheer practice shorts \$8.00 each Rain jacket (optional) \$16.00 Boy cut briefs (black) \$10.00 2 Tee shirts \$45.00 Hair bow \$30.00 Senior banner \$100 Camp TBD \$330	Competitive Uniform \$225.00 Competition bow \$32.00 Competition shoes \$90.00 Warm Up jacket \$75.00 Warm Up pant \$40.00 Infinity Backpack \$65.00 Red, Black Gray cheer shorts \$8.00 each 3 Practice tee shirts \$55.00 Team tee shirt \$20.00 *Carolina gym fee \$50 month May-November Choreography, music, competition fees \$275 Senior banner \$100	Shell \$120.00 Skirt \$42.00 Warm up jacket \$75.00 Warm up Pant\$40.00 Red Pom \$10,00 new White Pom \$10.00 new Infinity Shoes \$90.00 Infinity Backpack \$65.00 (optional) Basic Black Backpack \$30.00 (optional) Red, Black, Gray cheer practice shorts \$8.00 each Rain jacket (optional) \$16.00 Boy cut briefs (black) \$10.00 2 Tee shirts \$45.00 Hair bow \$30.00 Camp TBD \$330

A payment plan will be made available starting the week after tryouts. All monies will be due by August 1, 2018. No exceptions. There will be opportunities to fundraise starting with our sponsor shirt. Every cheerleader is highly encouraged to participate.

Please note we are going back to Carolina Cheer this year starting with off-season conditioning and tumbling in February. You will need to set up an account directly with the gym and pay there every month.

There will be NO interest meeting this year *before* tryouts. ALL information is in the WHHS CHEERLEADING HANDBOOK. There will be a MANDATORY parent meeting on Monday April 23, 2018 at 7:00 p.m. If your athlete is chosen for a team.

Forms/uploads needed the first night of tryouts if you are a new candidate:

- ☒ History form (online planeths)
- ☒ Current Physical (online planeths) Expires April 1
- ☒ Parent permission of risk (online planeths)
- ☒ Concussion statement (online planeths)
- ☒ Steadman Hawkins Statement (online planeths)
- ☒ Birth Certificate (online planeths)

Bring to tryouts:

- ☒ Copy of most current report card
- ☒ Parent permission form (last page of NEW WHHS cheerleading handbook)

Some things to be aware of:

Please be aware that previous attitude, suspensions, grades and attendance will be factored into a candidate's tryout.

Please be aware that there will be NO parent group me this year. Please allow your cheerleader to take responsibility for keeping up with the information on the cheerleading group me. All pertinent information for parents will be posted on our blog wadehamptoncheer.blogspot.com and on our Facebook page. Please check these daily for updates, times, cancellations, schedules, and other information.

We expect every parent to volunteer to help when needed. This includes organizing the spirit table, helping at the spirit table, helping to put together goodie bags, helping with any tailgates, fundraising, check in at tryouts and a multitude of other opportunities. Thanks in advance!

This year we would like the girls to start bringing a reusable water bottle to practices and games. We will not be providing water at games this year. There is too much litter and it is left up to the coaches to pick up after the girls. We will be following the "no trace left behind" policy. Please bring your own reusable water bottle. Thanks!

There is also a "No backpack" policy at most every school for football games. The cheerleaders at WHHS will not be allowed to bring their backpack onto the field. They will be assigned lockers and may keep their personal items in their locker.

We also are asking that the cheerleaders participate in 3-4 community service events. There are many, many opportunities available. This will be taken into account at awards time.

Tentative Calendar

ALL DATES AND TIMES ARE SUBJECT TO CHANGE!

<u>FEBRUARY</u>	<u>MARCH</u>	<u>APRIL</u>	<u>MAY</u>	<u>JUNE</u>	<u>JULY</u>
Off-season conditioning At Carolina Gym. \$50 Per month payable to the gym. You will be learning tumbling, jumps, stunting and conditioning.	Same as February	Tryouts for Football Spirit, Basketball Spirit & Competitive April 16, 17, 18, & 19 th 4-6 p.m.	Competitive Practice starts at Carolina Mon 4:30-6:30 Tu 6:30-8:30 Thursday @ WHHS 4-6	Same as May	Choreography YOU MUST ATTEND ALL SESSIONS!! DATES TBD